

DINNERS

Substitute Fajita Beef or Chicken for 1.99

ENCHILADA DINNER
Two Cheese, Ground Beef or Chicken Enchiladas, topped with choice of Chili Sauce, Cheese Sauce, or Sour Cream Sauce; served with Rice and Beans. 11.59

ABEL'S FIESTA PLATTER
Two Cheese, Chicken, or Beef Enchiladas, one Beef Tamale, and one Beef Crispy Taco; served with a side of Guacamole, Rice and Beans. 15.99

HOT BURRITO
Filled with Shredded Beef, Beans, Rice, Lettuce, Tomato, Onion and Chili Sauce, then topped with Cilantro Sauce and Cheddar Cheese. 12.99

VEGETARIANO PLATE
Two Enchiladas filled with Spinach and Mixed Vegetables, then topped with Sour Cream or Cheese Sauce; Served with Rice and Beans. 11.59

QUESADILLA MEXICANA
Your choice of Spinach, Fajita Beef or Fajita Chicken with chopped Tomatoes, Onions and Bell Peppers inside; Served with Sour Cream, Guacamole and Rice. 12.99

SHRIMP QUESADILLA MEXICANA
Filled with Shrimp, chopped Tomatoes, Onions and Bell Peppers; served with Sour Cream, Guacamole and Rice. 13.99

CHILE RELLENO DINNER
One Chile Relleno with your choice of Fajita Beef, Fajita Chicken or Cheese and one Cheese Enchilada; Served with Rice and Beans. 12.99

CHIMICHANGA DINNER
One fried Burrito filled with Chicken or Beef Fajita Meat, then topped with your choice of Salsa Chili, Sour Cream or Cheese Sauce; served with a Scoop of Sour Cream, Rice, and Beans. 11.99

SUPER GRANDE BURRITO
Filled with Fajita Beef, Fajita chicken, or Al Pastor, Rice, Beans, Shredded Cheese, Lettuce, Tomato, Onions, and Cilantro, then topped with your choice of Salsa Chili, Sour Cream or Cheese Sauce; served with Guacamole and Pico de Gallo. 13.99

ENCHILADA WITH FAJITA MEAT
Two Beef or Chicken Fajita Enchiladas, topped with Chili Sauce, Cheese Sauce or Sour Cream Sauce; Served with Rice and Beans. 12.99



DESSERT

- SOPAIPILLAS 1.69
- FLAN 3.99
- FRIED ICE CREAM 5.99
- CHURRO 3.59
- CHEESECAKE 3.99
- CAKE 6.59
- ICE CREAM 1.99

INDICATES VERY HOT

If you wish to share a plate there will be a 3.00 charge. A 15% gratuity may be added to parties of 8 or more

The consuming of raw or under cooked eggs, meat, poultry, seafood or shellfish may increase your risk of food borne illness, especially if you have a medical condition.



CALIFORNIA BURRITO
Burrito Filled with your Choice of Fajita Beef or Fajita Chicken, Rice, Beans, Lettuce, Tomato, onions, Cilantro, Cheese, and Sour Cream; Topped with a Rich Red Enchilada Sauce; Served with Guacamole, and Pico de Gallo. 14.99

FLAUTAS DINNER
Two Chicken or Beef Flautas; served with Sour Cream, Guacamole, Rice and Beans. 11.99

QUESADILLA DINNER
Two Quesadillas with Chicken or Beef Fajita Meat; served with Sour Cream, Guacamole, Rice and Beans. 13.99

BISTECK RANCHERO
Tenderized Skirt Steak; served with Sliced Potatoes, Pico de Gallo, Guacamole, Rice and Beans. 15.99

ROSARIO'S PLATE
A large grilled Chicken Breast, topped with Salsa Verde and melted Monterey Jack and Cheddar Cheese; Served with Lettuce, Tomatoes, sliced Avocados, and Rice. 14.99

ENCHILADAS VERDES
Two Chicken Enchiladas topped with Salsa Verde; served with Sour Cream, Rice and Beans. 11.99

ENCHILADAS ROJAS
Two shredded Beef Enchiladas, topped with Salsa Roja; served with Guacamole, Rice and Beans. 12.99



TAMALE DINNER
Two large Tamales covered with your choice of Sour Cream Sauce, Cheese Sauce or Chili and served with Rice and Beans. 11.99

TORTILLA SOUP
Vegetable and Chicken Broths cooked with Mixed Vegetables, Shredded Chicken, Spices and topped with grated Cheddar Cheese, Avocado and Tortilla Strips; served with Rice and a Lime Wedge. 11.99

LUNCH SPECIALS

MONDAY THROUGH FRIDAY - 11:00AM - 4:00PM

- QUESADILLA LUNCH**
One Quesadilla, Beef or Chicken Fajita; served with Guacamole, Rice and Beans. 9.59
- FAJITA LUNCH**
Beef or Chicken with your choice of Guacamole, Pico de Gallo or Sour Cream; served with Rice and Beans. 10.99
- ENCHILADA LUNCH**
Two Cheese Enchiladas topped with Chili Sauce; Served with Rice and Beans. 10.59
- BURRITO LUNCH**
One Burrito, topped with Chili Sauce; Served with Rice and Beans. 10.59
- CHIMICHANGA LUNCH**
One Chimichanga, Beef or Chicken; Served with Sour Cream, Rice and Beans. 10.59
- FLAUTA LUNCH**
One Flauta, Beef or Chicken; served with Sour Cream, Rice and Beans. 9.59
- 3 SOFT TACOS**
Three Soft Tacos filled with Lettuce, Tomatoes and Cheese and your choice of Carne Asada Pastor or Chicken; served with Rice and Beans. 10.99
- 1 ENCHILADA, 1 TAMALES**
Topped with Chili Meat; Served with Rice and Beans. 10.59
- TAMALES LUNCH**
One Tamale topped with Chili Sauce; Served with Rice and Beans. 9.99
- 2 CRISPY TACOS**
Two Crispy Tacos with Lettuce, Tomatoes, and Cheese; served with Rice and Beans. 10.59
- 1 CHEESE ENCHILADA, 1 SOFT TACO**
Topped with Chili Sauce; Served with one Soft Carne Asada or Pastor Taco, Rice and Beans. 10.79
- TACO SALAD**
Beans, Beef or Chicken, Lettuce, Tomato and Cheese; Served with Sour Cream and Guacamole. 10.59
- 1 ENCHILADA, 1 CRISPY TACO**
Served with Rice and Beans. 10.59
- 3 SHREDDED BEEF ENCHILADAS**
Topped with Chili Sauce and Cheese. 9.99
- CHILI RELLENO**
Your choice of Beef, Chicken or Cheese; served with Rice and Beans. 10.59

BEVERAGES

ICED TEA, COFFEE, SOFT DRINKS Free Refills 2.99



MEXICAN BOTTLED SODA

Mexican Coca Cola, Fanta, Sprite, Fresca, Manzana Lift, Lime Jarrito, Mandarin Jarrito, Tamarind Jarrito, Pineapple Jarrito, Sangria, and Topo Chico.



DOMESTIC BEER
Budweiser, Bud Light, Coors Light, Michelob Ultra 4.99

IMPORTED BEER
Tecate, Modelo, Corona, Dos Equis Amber, Dos Equis Lager, Victoria, Bohemia, Carta Blanca, Modelo Negra, Pacifico 5.59

MICHELADA
The Mexican Red Beer. Your favorite beer with lime juice, spices, and sauces. 5.99

AGUA FRESCAS 3.29 Refill .59

- Horchata (Rice)
- Melon (Cantaloupe)
- Freza (Strawberry)
- Tamarindo (Tamarind)
- Jamaica (Hibiscus)
- Pina (Pineapple)

AMIGUITOS PLATO

CHILDREN'S PLATTERS 6.99

(Children 8 years and under)
Children's Platters come with a Kid's Beverage.

- ENCHILADA** Served with Rice and Beans
- TACO** Served with Rice and Beans
- BURRITO** Served with Rice and Beans

- TAMALE** Served with Rice and Beans
- JR. HAMBURGER*** Served with Lettuce, Tomato and French Fries
- QUESADILLA** One Quesadilla with Cheddar and Monterey Jack Cheese; served with Rice and Beans
- MINI TAQUITOS** Served with Rice and Beans or French Fries
- CORN DOG** Served with French Fries
- CHICKEN NUGGETS** Served with French Fries

©US Foods Menu 2022 (1858470)



ABEL'S MEXICAN RESTAURANT

5822 NW 50TH
WARR ACRES, OK
(405) 491-0911

ABELSMEXICANRESTAURANT.COM



TO GO ORDERS WELCOME
ASK US ABOUT CATERING

APPETIZERS

WARR ACRES NACHOS

Your choice of Chicken or Beef Fajita Meat, Beans, Guacamole, mixed Cheddar and Jack Cheese and Sour Cream. Jalapeños upon request. Half 9.99 Full 10.99



SUPREME NACHOS

Shredded Beef or Chicken, Beans, Guacamole, mixed Cheddar and Jack Cheese and Sour Cream. Jalapeños upon request. Half 8.99 Full 9.99

SANDRA NACHOS

Taco Meat, Beans, Guacamole, mixed Cheddar and Jack Cheese and Sour Cream. Jalapeños upon request. Half 8.99 Full 9.99

BEAN NACHOS

Refried Beans, mixed Cheddar and Jack Cheese with sliced Jalapeños upon request. Half 7.99 Full 8.99

CHEESE NACHOS

Nachos with Cheddar, Jack Cheese, and Jalapeños upon request. Half 7.59 Full 8.59

BOTAÑA

Grilled Onions, Jalapeño Peppers and Tomatoes; Served with sliced Avocados and Potatoes. 9.99

BOTANA ESPECIAL

Grilled Onions, Jalapeño Peppers and Tomatoes; Served with Sliced Avocados, Fried Potatoes, Two Flautas, 6 Grilled shrimp, and four pieces of Fajita Beef or Chicken. 19.99



SALSA SPECIAL

Fresh made chunky hot Salsa topped with diced Avocados; served with Flour Tortillas. 7.99

SALADS

FAJITA SALAD

Flour Tortilla Shell topped with Refried Beans and slices of Chicken or Beef Fajita Meat with Lettuce, Tomatoes, Cheese, Sour Cream and Guacamole. 12.99



GUACAMOLE Small 5.99 Large 7.99

SHRIMP SALAD

Large Flour Tortilla Shell filled with Beans, Lettuce, Tomato, and Cheese, topped with a dozen grilled shrimp; served with a side of Guacamole and Sour cream. 13.99

DINNER SALAD Small 4.99 Large 5.99

TACO SALAD

Large Flour Tortilla Shell filled with Shredded Beef, Chicken or Ground Beef, Refried Beans, Lettuce, Tomatoes, Cheese and Guacamole. 11.59

VEGETARIAN TACO SALAD

A large Flour Tortilla Shell filled with Beans, Spinach, Corn, cooked Onions, Tomatoes and Bell Peppers; served with Guacamole and Sour Cream. 11.59

AMERICAN

BACON CHEESEBURGER*

With Lettuce, Tomatoes, Onions and French Fries. 9.99

CHICKEN NUGGETS

Served with French Fries. 8.99



Enjoy our wonderful
Chips, Salsa, Queso
& Tortillas without
ordering an entrée
for
ONLY
5.99

FAJITAS

CHICKEN BEEF OR SHRIMP COMBO BEEF, CHICKEN AND SHRIMP

Each selection is served with Rice, Refried Beans, Pico de Gallo, Guacamole, Sour Cream and All the Tortillas You Can Eat

	Single	Double
CHICKEN	16.99	26.99
BEEF OR SHRIMP	17.99	28.99
COMBO	18.99	29.99



PLATILLOS MEXICANOS

CARNE GUISADA

Selected Chicken or Beef Tips cooked in its own juice; Served with Salsa Roja or Verde, Rice, Beans, and Pico de Gallo. 14.99

RAMOS PLATE

Guiso with Shrimp, Beef and Chicken cooked in a Red Especial Salsa; served with Rice, Beans, and Pico de Gallo. 15.59



CHULETAS DE PUERCO

Two Chuletas (Pork Chops) cooked in their own sauce with sliced Tomatoes, Onions and Jalapeños; served with Rice, Beans, and Pico de Gallo. 15.99

GUISADO DE PUERCO

Diced Pork Loin Cooked with Green or Red Salsa; served with Rice, Beans, and Pico de Gallo. 15.59

PABLO SPECIAL

Guiso with your Choice of Beef, Chicken, or Pork, cooked in a Roasted Arbol Pepper Salsa; Served with Rice, Beans, and Pico de Gallo. 15.59

POLLO MANGO HABANERO

Chicken Breast Glazed with our Homemade Mango Habanero Sauce, Side of Avocado; Served with Rice and Small Salad. 14.99

PALO ALTO PLATE

Mexican Beef Tips cooked with Tomatoes, Onions, Jalapeño Peppers, and Topped with Two Eggs; served with sliced Avocados, Pico de Gallo, Rice and Beans. 15.59

HUEVOS

HUEVOS MEXICANOS

Three scrambled Eggs cooked with Tomatoes, Onions & Jalapeño Peppers; served with Rice, Beans, and Pico de Gallo. 10.99

HUEVOS RANCHEROS*

A Fried Yellow Corn Tortilla smothered with Refried Beans topped with Three Eggs cooked to order; served with Rice, Beans, and Green Tomatillo Sauce. 10.99

HUEVOS CON JAMON*

Grilled Ham diced and cooked with scrambled eggs served with Rice, Beans, and Pico de Gallo. 10.99

CHILAQUILES

Corn Tortilla Strips sautéed with three Eggs in your choice of Green or Red Tomatillo Sauce then topped with Queso Fresco; served with Diced Onions, Sour Cream, Rice, and Beans. 11.99

HUEVOS CHORIZO*

Three Scrambled Eggs with Chorizo; served with Rice, Beans, and Pico de Gallo. 10.99

STEAK & EGGS

Three Omelette style eggs with chopped Steak cooked with Tomatoes, Onions, and Jalapeños; served with Pico de Gallo, Rice, and Beans. 13.99



COSTILLAS DE PUERCO

Sizzling generous Pork Ribs, piled high with grilled Peppers, Onions and Salsa Especial de la Casa; served with Rice, Beans, Guacamole, Sour Cream, and Pico de Gallo. 15.99

TACOS MEXICANOS

Three Fajita Meat Tacos topped with Onions and Cilantro; served with Rice, Beans, and Pico de Gallo. 14.99

TACOS CALVILLO

Five Steak Tacos topped with Onions and Cilantro; served with Lettuce, Grilled Peppers, and Onions. 15.99



SOPES PLATTER

Three Corn Patties topped with Beans, your choice of Carne Asada, Pastor, or Chicken, Lettuce, Sour Cream, Queso Fresco, and Avocado; Served with our Homemade Tomatillo Salsa on the Side. 13.99

HAMBURGUESA MEXICANA

The Mexican Burger. Ground Beef Patty Topped with a Blend of Cheddar and Monterrey Jack Cheese; Accompanied by Jalapeños, Grilled Onions, Tomato, Avocado, Bacon, Ham, Ketchup, Mayo and Mustard; Served with Fries. 13.99

FISH/SHRIMP TACOS

Three Tacos; with your Choice of Grilled Catfish or Grilled Shrimp, topped with Mayo, Fresh lettuce, and Tomato; Served with Rice, Beans, and Pico de Gallo. 15.99

MARISCOS

ESPECIALIDAD DE MARIA

A grilled Catfish Fillet cooked in Maria's Special Seasoned Butter; served with Rice, Beans, sliced Onions, Tomato, Lime and Avocado slices. 14.99

CALDO DE PESCADO (Fish Soup)

Pieces of Catfish Fillet in a tasty Vegetable Broth with just the right spices and; served with Rice, and Lime. 15.99

CAMARONES AL CHIPOTLE

Twelve Shrimp Cooked in a Rich and Creamy Chipotle Sauce, Garnished with Cilantro, Served with Rice, Grilled Vegetables, and Pico de Gallo. 15.59

CALDO DE CAMARON (Shrimp Soup)

One dozen large Shrimp in a tasty Vegetable Broth with just the right spices; served with Rice, and Lime. 15.99

MAR Y TIERRA

Six Garlic Cooked Shrimp, Half of a Catfish Fillet, 4oz of Carne Asada Skirt Steak, and 4oz of Grilled Chicken breast, Served with Rice, Salad, and Avocado. 19.99

CALDO DE MARISCOS

A wonderful combination of Fish and Shrimp soups in a tasty Vegetable Broth with just the right spices; served with Rice, and Lime. 15.99



EFRAIN ESPECIAL

One Catfish sliced and fried, 9 Large Shrimp cooked in Butter; served with Rice, Lettuce, sliced Tomatoes, Avocados, Onions and Efrain Especial Sauce. 15.99

A LA CARTE

FRIED JALAPEÑOS AND ONIONS .79

SIDE ORDER OF RICE 4.99

SIDE ORDER OF BEANS 4.99

SIDE OF RICE AND BEANS 5.99

CHIMICHANGA BEEF OR CHICKEN 8.99

FLAUTA BEEF OR CHICKEN 6.99

ENCHILADAS

BEEF, CHICKEN OR CHEESE (1) 7.99 (2) 8.99 (3) 9.99

CRISPY/SOFT TACOS

BEEF OR CHICKEN (1) 7.99 (2) 8.99 (3) 9.99

TAMALES (1) 7.99 (2) 8.99 (3) 9.99

CHILI RELLENO BEEF OR CHEESE 7.99

QUESADILLA BEEF OR CHICKEN 7.99

SIDE OF SOUR CREAM .99

FLOUR TORTILLAS (12) 2.99

PINT RED SALSA 3.29

PINT GREEN SALSA 3.29

PINT CHEESE SAUCE 3.99

COCKTAIL DE CAMARON

Served with V-8 Juice, Avocados, Onion, Cilantro, Lime, Tomatoes and Large Shrimp. Small 10.99 Large 14.99



PESCADO FRITO

A whole fried Tilapia served with Mexican Potatoes, Rice, Beans, Avocado and Tomato slices and wedges of Lemon and Lime. 14.99

7 MARES

Octopus, Crab Claws, Catfish, Shrimp, White Clams, Crab Meat and Mussels in a tasty Vegetable Broth with just the right spices; served with Rice, and a Lime. 16.99

STEAK AND SHRIMP

A tender Skirt Steak, 6 large Shrimp; served with Guacamole, Pico de Gallo, Rice and Beans. 16.99

GUISO DE CAMARON

Twelve Camarones (12 Shrimp) cooked in Salsa Verde or Salsa Roja Mixed Vegetables; served with Pico de Gallo, Rice and Beans. 15.59

CHUMA PLATE

Two Costillas de Puerco (Pork Ribs), Shrimp and a grilled Catfish Fillet cooked with Especial Seasoned Butter, Tomato, Onions and Jalapeño Peppers; served with Pico de Gallo, Rice and Beans. 16.99

CEVICHE DE CAMARON (Shrimp Tostadas)

Three Fresh Tostadas with chopped Shrimp, Tomato, Onions, Lime, Cilantro and Avocados. 14.99

CAMARON A LA DIABLA

Twelve Shrimp with Red Valentina Salsa cooked with Onions, Tomato and Jalapeño Peppers; Served with Pico de Gallo Rice and Beans. (Very Hot) 15.59

CAMARONES AL MOJO DE AJO

(Garlic Shrimp) Twelve Shrimp sautéed to perfection in Garlic and Butter; served with Avocado, Rice and Beans. 15.59



CHIPS, SALSA & QUESO SETUP TOGO

SMALL 4oz 4.99

MEDIUM 8oz 6.99

LARGE 16oz 10.99

PARTY PACK 32oz 15.99

If you wish to share a plate there will be a 3.00 charge. A 15% gratuity may be added to parties of 8 or more

The consuming of raw or under cooked eggs, meat, poultry, seafood or shellfish may increase your risk of food borne illness, especially if you have a medical condition.

INDICATES VERY HOT